

SO/ MALDIVES

ALEXANDRA
DEMOLLING

Holistic practitioner / Naturopath



Expertise in holistic medicine and natural health, with extensive knowledge in the areas of Traditional Chinese Medicine, Herbal Medicine, flower essence therapy (Bach and Bush Flowers), Iridology, Chromopuncture and other natural techniques aimed at restoring body and mind.

15 May – 20 June 2024

For further details and information, feel free to get in touch with our reservation team or spa hosts.

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IRIDOLOGY

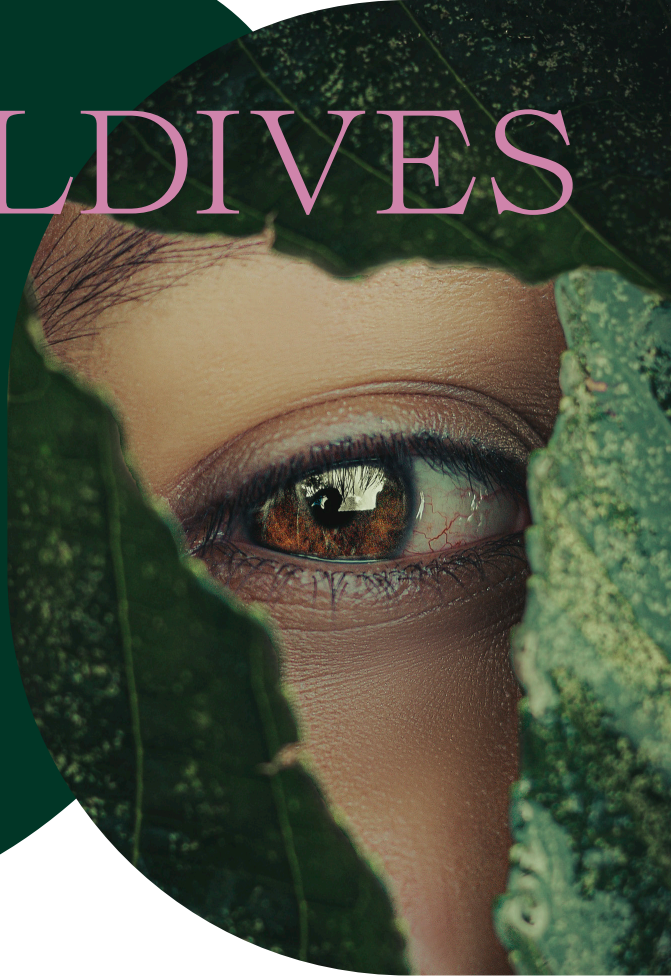
60 min \$260

Iridology is an alternative medicine technique which helps determine our overall wellbeing through the analysis of colours, patterns and signs present in both the iris and the sclera of your eyes.

Additionally we can identify the individual's energy baseline, their constitution and their predisposition to certain ailments and imbalances in order to recommend the best remedies/treatments/lifestyle changes and practices to them aimed to restore their well-being at all levels (physical, mental and emotional).

The analysis is done with a magnifying glass and a white led light.

It is advisable to remove any contact lenses during the treatment.



HUMAN DESIGN

90 min \$320

Human Design is a holistic system based on astrology, the i ching and the chakras system which through a map of our Aura type, personality aspects both conscious and unconscious helps us to get to know ourselves on a deeper level, make better decisions, discover our unique gifts and experience more flow, peace and fulfillment in our life.

Through a Human Design reading we learn how to let go of the conditioning that prevents us from living in our truth and therefore improve our relationship both with ourselves and with others.

Chromopuncture

90 min \$320

Chromopuncture is a healing technique based on the Traditional Chinese Medicine which utilizes a coloured light on the acupuncture points instead of the needles.

After the Chinese Medicine assessment we choose the points to work on the specific imbalances of the person and select the colour based on what we wish to achieve.

Ex: if we wish to energize we will use the red light whereas if we want to relax and calm we will choose the blue light.

The treatment is non invasive and can be adapted to children.



All prices mentioned are in USD and subject to 16% GST and 10% service charge.

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